



# Adopt-a-Ministry

**WE TREATED AND CLOTHED THEM**

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## DR. DANIEL SOMBA - CMA CHAIRMAN MUTUYU FREE MEDICAL CLINIC UPDATE

### THE MUTUYU COMMUNITY

Mutuyu community is located at the top of Mutuyu Hills, one of the tallest hills in Machakos district. The infrastructures to the village are very poor which makes its accessibility very difficult. Most habitable areas of the hill is at the top and the base of the hill. The middle part of the hill is very rocky and so inhabitable since the only income generating activity possible there is farming.

### SOCIAL ECONOMIC STATUS

The community at Mutuyu area is one of the poorest around Machakos, it's comparable to Nzaikoni village. Most people are small-scale farmers. They grow mostly corn and beans; these two staples making up 99% of their diet.

Just like Nzaikoni, the population density is very high. The average number of members per family is 4; most families occupy between half to 3 hectares

of land which is where they live and farm.

Most of the residents are unemployed; over 90% of the population live on less than one dollar per day. A balanced diet is never a priority, it is all about survival.

The community has no secondary school around, nor tertiary college thus the level of illiteracy is very high. Over 50% of the young do not continue with their education beyond primary school.

### MEDICAL NEEDS AND INTERVENTION

There is no medical facility near the Mutuyu community. The nearest health center (which is poorly equipped) is at the base of the hill. The most qualified professional at the facility is a clinical officer-a diploma holder in clinical medicine. Just like most governments owned facilities, the supply of drugs and basic tools in the health center is never guaranteed. Population has greatly turned to traditional herbal medicines and spiritual interventions. More often than not, women deliver their babies on their way down the hill to the health center. Malnutrition is common due to their very limited food options. Community Medicare Africa and Church of the Beach Cities have greatly intervened to meet the needs of Mutuyu community. The first medical clinic was held in 2007 through the result of a mission to Machakos organized by the Church of the Beach Cities. The team had come with very good efficacious drugs from Map International. Four villages benefited from the medical clinics. See INTERVENTION, page 2